

Refereeing Matters



New Rules



Duration of contest

- Men and women four (4) minutes.

Evaluation of the points

- There will be only Ippon and Waza-ari.
- The Waza-ari do not add up, two Waza-ari are no longer one Ippon, no accumulation of scores.
- The value of Waza-ari includes those given for Yuko and Waza-ari in the past.



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New Rules



Immobilisation

- Osae-Komi time: Waza-ari 10 sec Ippon 20 seconds

Technical score

- In regular time, a contest can only be won by a technical score or scores.
- A penalty or penalties will not decide the winner, except for Hansokumake.



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New Rules



Golden Score

- In a case of equality of scores the contest will continue in Golden Score.
- Any scores and / or penalties from regular time will remain on the score board.
- The decision in Golden Score is made by the difference of scores or Shido.

Penalties

- We have now three (3) Shido, instead of previously four (4) and the third Shido becomes Hansokumake.



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New Rules



Kumikata

- Unconventional Kumikata will be penalized if there is no immediate attack.
- Negative positions will be penalized by Shido.

Grip below belt

- Grips below the belt, shall be penalized first time by Shido and second time by Hansokumake.



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Safety

- If Uke attempts to avoid landing on the back by any movement which is dangerous for the head, neck or spine, shall be penalized with Hansokumake.
- Landing on both elbows is considered valid and should be evaluated with waza-ari.
- Landing on one elbow is invalid and can not be used for assessment.

New Rules



Throw and counter-attack

- In a case of counter-attack the first competitor landing will be considered as thrown.
- If a score can be given, it will be assigned.

Judogi

- The competitors shall arrange their Judogi and belt quickly between Matte and Hajime.



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